1.	Name (in Block Letters)	: Dr. T.MURUGESAN
2.	a. Father's Name	: Thiru.P.Thangapandian
	b. Mother's Name	: Thirumathi.T.Palaniammal
3.	Department	: Physical Education
4.	College Presently Working in	: V.H.N.S.N.College (Autonomous)
5.	Date of Birth	: 03-06-1980
6.	Gender	: Male
7.	Permanent Address (with Pin code)	: 6/21 North Street, Elayirampannai -626201 Virudhunagar Dt
	Mobile No. 9894712575	Virudhunagar Dt Email: <u>murugesan.t@vhnsnc.edu.in</u>

8. Academic Qualifications (copies of certificates to be enclosed):

Examination	Subject(s)	Name of the Board / University	Year of Passing	Percentage of marks obtained	Division / Class / Grade
SSLC	Tamil, English, Maths, Science, Social Science	Board of Secondary Exams, Tamil Nadu	April 1995	75	First
HSC	Tamil, English, Mathematics, Physics, Chemistry, Biology	Board of Higher Secondary Exams, Tamil Nadu	Sep 1997	75	Second
Under Graduate	B.Sc Physical Education	Madurai Kamaraj University	April 2001	82.9	Distinction
M.P.E.S	Physical Education	Pondicherry University	May 2003	86.1	First
M.Sc	Yoga	Annamalai University	May 2015	70	First
P.G.D.S.M	Sports Management	Alagappa University	April 2004	60	First

9. Research Degree (s) (copies of certificates to be enclosed):

Degrees	Date and year of award	University
M.Phil 09.09.2004 Alagappa University, Kar		Alagappa University, Karaikudi
Ph.D. 28-05-2013 Madurai Kamaraj Uni		Madurai Kamaraj University, Madurai

10. Particulars of NET / JRF / SLET / SET / GATE etc.

Name of the Test	Conducting Body	Month & Year	Roll Number	Subject	Score, if Applicable
NET	U.G.C	June 2004	E371778	Physical Education	

11. Teaching experience

P.G. level : 11 Years U.G. level : 11 Years

- 12. Research Experience : 11 Years (Excluding years spent in pursuing MPhil / PhD) Recognized Guide and Supervisor in for Ph.D scholars in Physical Education at Madurai Kamaraj University from 2017.
- 13. Fields of Specification under the Subject / Discipline:
  - (a) Physical Education and Sports
  - (b) Basketball, Handball and Yoga

# Organizing Intra College Competition

Year	Organizing Intra college competition
2014-2015	Welcome Sports Meet, Athletics, Badminton, Basketball,Football,Chess, ,Cricket, Kabaddi, Volleyball,Yoga,weight Lifting,Ballbadminton and Tennis for Boys and Chess, Throwball, Volleyball, Kho-Kho, Badminton, Tennikoit and Athletics for Girls
2015-2016	Welcome Sports Meet, Athletics, Badminton, Basketball,Football,Chess, ,Cricket, Kabaddi, Volleyball,Yoga,weight Lifting,Ballbadminton and Tennis for Boys and Chess, Throwball, Volleyball, Kho-Kho, Badminton, Tennikoit and Athletics for Girls
2016-2017	Welcome Sports Meet, Athletics, Badminton, Basketball, Football, Chess, , Cricket, Kabaddi, Volleyball, Yoga, weight Lifting, Ballbadminton and Tennis for Boys and Chess, Throwball, Volleyball, Kho-Kho, Badminton, Tennikoit and Athletics for Girls
2017-2018	Welcome Sports Meet, Athletics, Badminton, Basketball,Football,Chess, ,Cricket, Kabaddi, Volleyball,Yoga,weight Lifting,Ballbadminton and Tennis for Boys and Chess, Throwball, Volleyball, Kho-Kho, Badminton, Tennikoit and Athletics for Girls
2018-2019	Welcome Sports Meet, Athletics, Badminton, Basketball,Football,Chess, ,Cricket, Kabaddi, Volleyball,Yoga,weight Lifting,Ballbadminton and Tennis for Boys and Chess, Throwball, Volleyball, Kho-Kho, Badminton, Tennikoit and Athletics for Girls

Year	Play Field Facilities	
2014-2015	400 mts Standard Track with IAAF new guidelines – Funded by UGC under Outdoor Training Facilities category –I – Amount Rs.4000000/-	
2015-2016	Multipurpose Gymnasium – Funded by UGC under Stage II – Amount Rs1000000/-	
	Purchase New Equipments under UGC fund under Stage II- Amount Rs1000000/-	
2016-2017	Cricket Nets with runway – funded by Virudhunagar District Cricket Association	

2016-2017	Multi Gym with modern equipments - fully funded by college management.
2017-2018	Lighting facilities in Indoor Stadium – fully funded by college management.
2018-2019	Handball Court and Throwing Sectors (Shotput, Discus Throw, Hammer Throw)- funded by college management.

## Achievements

## 2014-2015

S.No	Game	Trophy Name	Level	Position	
1	Swimming	S.P.S.Gurusamy nadar	M.K. University	Overall	
1		Thangammal Memorial trophy	Overall	Champions	
2	Chess	Tmty.S.Avadaithangam Memorial Trophy	M.K. U 'D' Zone	Overall Champions	
3	Ball	P.C.Ramasamy Memorial	M.K. U 'D'	Winners	
5	Badminton	Trophy	Zone	vv milet s	
4	Basket Ball	Aathi Palanichamy Memorial	M.K. U 'D'	Winners	
		Rolling cup	Zone		
5	Kabaddi	Kalaimagal Trophy	M.K. U 'D' Zone	Runner- Up	
6	Hand ball	Annai Fathima college Rolling shield	M.K. U 'D' Zone	Runner- Up	
7	Tennis		M.K. U 'D' Zone	Runner- Up	
8	Power Lifting & Weight Lifting		M.K. University Overall	Runner Up	

S.N	GAME	LEVEL/VENUE	NAME OF THE PLAYER
1	Football	South Zone Inter University	P.Balamurugan - III B.A English
2	Ballbadminton	South Zone Inter University	P.Thayalakannan III B.Sc Chem
3	Ballbadminton	South Zone Inter University	D.Sankareswaran II B.C.A
4	Basketball	South Zone Inter University	C.Thanga Pandi II B.C.A
5	Basketball	South Zone Inter University	G.Karthick II B.C.A
6	Basketball	South Zone Inter University	M.Ganeshkumar II M.Com
7	Kho-Kho	South Zone Inter University	J.Sundaram, M.Phil History
8	Kho-Kho	South Zone Inter University	T.Nandhini I B.Sc. Maths
9	Tennis	South Zone Inter University	S.Hariprakash I B.C.A

S.No	Game	Trophy Name	Level	Position
1	Swimming	S.P.S.Gurusamy nadar Thangammal	M.K.	Overall
1	Swinning	Memorial Trophy	University	Champions
2	Chess	Tmty.S.Avadaithangam Memorial Trophy	M.K.U 'D'	Overall
2	Chess	Thity.S.Avadathangan Memorial Hopity	Zone	Champions
3	Ball	DC Damagamy Mamorial Trophy	M.K. U 'D'	Winners
5	Badminton	P.C.Ramasamy Memorial Trophy	Zone	w milers
4	Basket	A othi Dolonichamy Mamorial Dolling aug	M.K. U 'D'	Winnow
4	Ball	Aathi Palanichamy Memorial Rolling cup	Zone	Winners
5	Badminton	True S. Avadaithangam Mamarial Tranhy	M.K. U 'D'	Winners
5	Badiminion	adminton Tmty.S.Avadaithangam Memorial Trophy	Zone	w miners
6	Handball	Annai Fatima College Rolling Shield	M.K. U 'D'	Dunnors
0	Hanuban	Alina Fatilla College Rolling Shield	Zone	Runners
7	Vollavball	VDVA Trophy	M.K. U 'D'	Runners
/	Volleyball	VDVA Trophy	Zone	Runners
8	Tennis		M.K. U 'D'	Runners
0	rennis		Zone	Kuillets
9	Badminton		M.K.U Inter	Fourth Dlass
9	(Girls)	-	Zone	Fourth Place

S.N	GAME	LEVEL/VENUE	NAME OF THE PLAYER
1	Chess	South Zone Inter University	P.Vivek - III B.A Economics
2	Ballbadmiton	South Zone Inter University	M.Manikandan PGDCA
3	Ballbadmiton	South Zone Inter University	D.Sankareswaran III B.C.A
4	Basketball	South Zone Inter University	M.Praveenkumar – II B.Sc C.S
5	Basketball	South Zone Inter University	M.Surya – II BCA
6	Basketball	South Zone Inter University	P.Kandeepan raj - PGDCA
7	Kho-Kho	All India Inter University	S.Muthulakshmi –I M.Sc Maths
8	Cricket	South Zone Inter University	T.Alexpandi – II B.Com
9	Tennis	South Zone Inter University	D.Sankareswaran III B.C.A
10	Ballbadmiton	South Zone Inter University	P.Abirami, I B.A. English

S.N	Game	Trophy Name	Level	Position
1	Chess	Tmty.S.Avadaithangam Memorial Trophy	M.K.U 'D'Zone	Overall Champions
2	Ballbadminton	P.C.Ramasamy Memorial Trophy	M.K.U 'D'Zone	Winners
3	Basketball	Aathi P.Thangamani Nadar Rolling cup	M.K.U 'D' Zone	Winners
4	Badminton	Tmty.S.Avadaithangam Memorial Trophy	M.K.U 'D' Zone	Winners
5	Handball	Annai Fatima College Rolling Trophy	M.K.U 'D' Zone	Winners
6	Tonnia	Tennis S.P.S.GuruSamy Nadar	M.K.U 'D' Zone	Runner Up
	Tennis	Thangammal Cup	M.K.U Inter Zone	Runner Up
7	Kho-Kho (Boys)	-	M.K.U 'D' Zone	Runner Up
8	Kho-Kho (Girls)	-	M.K.U Inter Collegiate	Third Place
9	Badminton (Girls)	-	M.K.U Inter Collegiate	Fourth Place

S.No	GAME	LEVEL/VENUE	NAME OF THE PLAYER
1.	Swimming	All India Inter University	M.Marikannan - I M.Sc Botany
2.	Swimming	All India Inter University	B.Ajith Kumar - III B.Sc Maths
3.	Ballbadminton	South Zone Inter University	M.Vana Sthish Kumar – II B.A Economics
4.	Ballbadminton	South Zone Inter University	P.Abirami, II B.A. English
5.	Basketball	South Zone Inter University	M.Praveenkumar – III B.Sc C.S
6.	Basketball	South Zone Inter University	C.Thanga Pandi – P.G.D.C.A
7.	Boxing	South Zone Inter University	S.Madhankumar - P.G.D.C.A
8.	Kho-Kho	South Zone Inter University	M.Nagarathinam – I B.C.A
9.	Handball	South Zone Inter University	M.Shanta Kumar – III B.B.A
10	Handball	South Zone Inter University	P.Muneeswaran – II B.Com
11	Tennis	South Zone Inter University	D.Sankareswaran - P.G.D.C.A
12	Tennis	South Zone Inter University	V.Karuthapandi – III B.Com
13	Badminton	South Zone Inter University	S.Taswin - P.G.D.C.A

S.No	Game	Trophy Name	Level	Position
		TVS Iyengar cup	MK University	Champion
1.	Tennis	Virudhunagar S.P.S.GuruSamy Nadar	M.K.U 'D'	Winner
		Thangammal Memorial Cup	Zone	w milei
2.	Chess	Tmty.S.Avadaithangam Memorial	M.K.U 'D'	Overall
۷.	Cliess	Trophy	Zone	Champions
		Virudhunagar P.C.Ramasamy Memorial	M.K.U 'D'	
2.	Ballbadminton	Cup	Zone	Winners
		•		
3.	Basketball	Virudhunagar Aathi P.Thangamani	M.K.U 'D'	Winners
	Bushetoun	Nadar cup	Zone	
4.	Handball	Annai Fatima College Rolling Trophy	M.K.U 'D'	Winners
т.			Zone	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
5.	Kho-Kho	Virudhunagar Tmty.B.Kavitha	' M.K.U 'D'	Runner up
5.	(Boys)	Memorial Cup	Zone	Runner up
6.	Kabaddi	baddi Power Man Garments Trophy	M.K.U 'D'	Dupperup
0.			Zone	Runner up
7.	Swimming	vimming M.K.University Trophy	M.K.U Inter	Over all
7.			zone	Runner up
8.	Kho-Kho	M K I In income iter The sub-	M.K.U Inter	Third
	(Girls)	M.K.University Trophy	Collegiate	Place
9.	Badminton	dminton	M.K.U Inter	Fourth
9.	(Girls)	M.K.University Trophy	Collegiate	Place

S.No	GAME	LEVEL	NAME OF THE PLAYER
1	Chess	South Zone Inter University	K.Divakarmani-III B.Sc Maths
2	Ballbadminton	South Zone Inter University	C.Senthilkumar-P.G.D.C.A
3	Ballbadminton	South Zone Inter University	A.Muthuvel-I M.A.History
4	Ballbadminton	South Zone Inter University	P.Abhirami, III B.A. English
5	Basketball	South Zone Inter University	M.Maniraj– III B.Com (CA)
6	Basketball	South Zone Inter University	R.Packiyalakshmi-II B.ScChemistry
7	Kho-Kho	South Zone Inter University	S.Pooranachandira-III B.Sc Physics
8	Kho-Kho	South Zone Inter University	M.Nagarathinam – II B.C.A
9	Handball	South Zone Inter University	S.Kannan_II B.A. History
10	Handball	South Zone Inter University	S.Muthukumar – III B.Com
11	Handball	South Zone Inter University	K.Pitchai Kani _ B.Sc Chemistry
12	Tennis	South Zone Inter University	M.VanaSathishKumar-IIIB.A Economics
13	Tennis	South Zone Inter University	V.Karuthapandi – P.G.D.C.A
14	Kabaddi	South Zone Inter University	P.Karthick Kumar-II M.A.History
15	Football	South Zone Inter University	J.JohnSolamon _III B.Com (CA)
16	Yoga	National Yoga Championship,	S.Kavyapriya- I B.Sc Physics
17	Yoga	National Yoga Championship,	M.Ranjith -II B.B.A

2018-2019
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S.No	Game	Trophy Name	Level	Position
1.	Tennis		MK	Runner
		-	University	up
2.	Swimming	M.K.University Trophy	M.K.U Inter	Runner
۷.	Swimming	M.K.Oniversity Hopity	zone	up
3.	Ballbadminton	Virudhunagar P.C.Ramasamy Memorial	M.K.U	Winners
5.	Danbauminton	trophy	'D'Zone	vv IIIIers
4.	Football	Justin Thinswipp Tranky	M.K.U 'D'	Winners
4.	Football	Justin Thiravium Trophy	Zone	w mners
5.	Handball	Annai Fatima College Rolling Trophy	M.K.U 'D'	Winners
э.	Tanuban	Annai Fathna Conege Konnig Hopity	Zone	
6.	Kho-Kho	Virudhunagar Tmty.B.Kavitha Memorial	M.K.U 'D'	Runner
0.	(Boys)	Trophy	Zone	up
7.	Kabaddi	Power Man Garments Trophy	M.K.U 'D'	up Winners Winners Winners Runner
	Kabadul	Tower Man Garments Trophy	Zone	
8.	Chess	Tmty.S.Avadaithangam Memorial	M.K.U	Runner
	Clicss	Trophy	'D'Zone	up
9.	Cricket Virudhunagar Association Trophy	Vinudhungger Association Trenky	M.K.U	Runner
		* Indununagai Association Trophy	'D'Zone	up
10.	Basketball	SV.S.P Rajeshwari Ammal Pandiya	M.K.U	Runner
10.	DasketUall	Rajan Trophy	'D'Zone	up

S.No.	GAME	LEVEL/VENUE	NAME OF THE PLAYER
1	Ballbadminton	All India Inter University	A.Muthuvel- II M.A.History
2	Basketball	South Zone Inter University	S.Mani Kanda Perumal – II B.Sc C.S.
3	Handball	South Zone Inter University	M. Sankar – I B.Voc.
4	Handball	South Zone Inter University	P.Ajay – II B.Com
5	Football	South Zone Inter University	R.Venkatesh – II B.Sc. IT.
6	Football	South Zone Inter University	M.Mareeswara Gowtham Raj – I M.Com.C.A
7	Boxing	All India Inter University	B.Shiyam - I B.A. History
8	Tennis	South Zone Inter University	A.Muthuvel- II M.A.History
9	Yoga	National Yoga Championship	K.Malini – I B.A. English
10	Yoga	National Yoga Championship,	M.Ranjith -III B.B.A

Year	Level of Tournaments	Game
2014-2015	Tamilnadu State	Swimming Competition
	Madurai Kamaraj University	Basketball, Badminton, Table Tennis, Handball and Ballbadminton
	Tamilnadu State	Swimming Competition
2015-2016	Madurai Kamaraj University	Chess, Badminton, Table Tennis, Ballbadminton, Basketball
	Virudhunagar District	Badminton
	Tamilnadu State	Swimming Competition
2016-2017	Madurai Kamaraj University	Handball, Tennis and Ballbadminton
	Virudhunagar District	Badminton
	Tamilnadu State	Swimming Competition
2017-2018	Madurai Kamaraj University	Kho Kho, Handball Athletics and Ballbadminton
	Virudhunagar District	Badminton
	Tamilnadu State	Swimming Competition
2018-2019		Basketball
	Madurai Kamaraj University	Football, Handball and Ballbadminton
	Virudhunagar District	Badminton

# 5. (i)Organizing State/National/Inter University/Inter College Level Competition

## (5) ii Being invited for Coaching at State/National Level

Year	Assigning Position
2014-2015	Madurai Kamaraj University Cricket (Men) team coach to participate in the Interuniversity tournament.
2015-2016	Madurai Kamaraj University Handball men team manager to participate in the Interuniversity tournament.

#### Publications of at least one Research Paper in Peer-reviewed Journal

- 1. Published a research article entitled "Impact of yogic practices on stress level of diabetic patients" in International Journal of Physical Education Yoga and Health Sciences in the year 2014, February, Volume Number 1, Issue-1, P.No 52-54. ISSN 2349-6312: peer reviewed journal.
- 2. Published a research article entitled "Comparison of coordinative abilities among Virudhunagar district school level handball kabaddi and Kho Kho players" in International Journal of Physical Education Yoga and Health Sciences in the year 2015, February, Volume Number 2, Issue-1, P.No 39-42. ISSN 2349-6312: peer reviewed journal.
- 3. Published a research article entitled "Analysis of yoga training on thyroid stimulating hormone level among women with polycystic ovarian disease" in International Journal of Physical Education Yoga and Health Sciences in the year 2016, February, Volume Number 3, Issue 1, p.no 25-27. ISSN 2349-6312: peer reviewed journal.
- 4. Published a research article entitled "Effect of plyometric training on selected physiological variables among basketball players" in International Journal of Physical Education Yoga and Health Sciences in the year 2017, February, Volume Number 4, Issue-1, P.No 62-33. ISSN 2349-6312: peer reviewed journal.
- 5. Published a research article entitled "Influence of circuit based plyometric training on strength endurance of handball players" in International Journal of Physical Education Yoga and Health Sciences in the year 2017, august, Volume Number 4, Issue-2,p.no 12-13. ISSN 2349-6312: peer reviewed journal.
- 6. Published a research article entitled "Impact of high intensities of aerobic training on resting heart rate of physically untrained men" in International Journal of Physical Education Yoga and Health Sciences in the year 2018, august, Volume Number 4, Issue-2,p.no 40-42. ISSN 2349-6312: peer reviewed journal.
- 7. Published a research article entitled "Impact of pranayama practices on maximum oxygen consumption among working men and women of different age groups" in International Journal of Yogic, Human Movement and Sports Sciences in the year 2019, January –June, Volume Number 4, Issue-1,p no 623-626. ISSN 2456-4419: UGC approved, refereed and peer reviewed journal.

#### **Book Published**

- 1. Author for a book entitled "Udalkalvi, Nalakalvi ore Arimugam" in tamil language published with ISSN 978-93-80406-27-5 by Pallavi sri publication and mass communications pvt ltd, Erode in the year 2014.
- 2. Author for a book entitled "Health Education and Sports Medicine" in English language published with ISSN 978-93-81723-30-2 by V.H.N.S.N.College (Autonomous), Virudhunagar in the year October, 2014.
- 3. Author for a book entitled "Udal nalathirgu yogavum udarkalviyum" in tamil language published with ISSN 978-81-93045-79-4 by Pallavi sri publication and mass communications pvt ltd, Erode in the year January, 2016.
- 4. Author for a book entitled "Psychological Principles of Physical Education" in English language published with ISSN 978-93-86770-58-5 by Kongunadu Publications pvt ltd, Erode in the year January, 2017.

- 5. Author for a book entitled "Scientific Principles of Coaching and officiating" in English language published with ISSN 978-93-86770-57-8 by Kongunadu Publications pvt ltd, Erode in the year January, 2017.
- (5) iv Seminar and workshops
  - 1. Participated and presented a paper entitled "Influence of Plyometric training, circuit training and combined training on flexibility and speed of school boys" in the UGC sponsored one day national conference on 'Physical activities, sports, fitness and dietics- The elixir quartet of health" was organised by the department of Physical Education, Bishop heber college, Trichy on 15<sup>th</sup> February, 2014.
  - 2. Participated and presented a paper entitled "Yoga and Sports" in Two days National conference was held on 9<sup>th</sup> and 10<sup>th</sup> August 2014 at Coimbatore was organised by Indian Institute of Naturopathy in coordination with TNAU, TNPESU AND WTMC.
  - 3. Participated and personated a paper entitled "Effect of yogic practices on physiological parameters among obese school children" in Two days National conference was held on 9<sup>th</sup> and 10<sup>th</sup> August 2014 at Coimbatore was organised by Indian Institute of Naturopathy in coordination with TNAU, TNPESU AND WTMC.
  - 4. Participated and presented a paper entitled "Impact of yogic practices and swimming programme on blood sugar level of diabetic patients" in UGC sponsored national level seminar on Sound body sound mind fitness through yoga and sports was held on 25<sup>th</sup> and 26<sup>th</sup> March,2015 was organised by the G.T.N.Arts College, Dindigul.
  - 5. Acted as Resource person in UGC sponsored national level seminar on Sound body sound mind fitness through yoga and sports was held on 25<sup>th</sup> and 26<sup>th</sup> March, 2015 was organised by the G.T.N.Arts College, Dindigul.
  - 6. Presented a paper entitled "Impact of Yogic pranayama on resting pulse rate among women athlete" in UGC sponsored national level conference on Scientific approach to sports training and coaching was held on 23<sup>rd</sup> January, 2016 was organised by the YMCA college physical education, Chennai.
  - Participated and presented a paper entitled "Test, measurement and evaluation in sports" in NAAC sponsored national level seminar on Benchmarks for excellence in teaching and evaluation was held on 1<sup>st</sup> and 2<sup>nd</sup> April, 2016 was organised by the IQAC, Thiagarajar College, Madurai.
  - 8. Presented a paper entitled "Impact of yogic practices on cardio respiratory endurance and resting heart rate among college level basketball players" in International Yoga conference was held March, 2017 was organised by the Tamil University, Thanjavur.
  - 9. Participated and presented a paper entitled "Analysis of explosive power among basketball, volleyball and handball players" in UGC sponsored national level seminar on Sports medicine: Applications and Recent Trends was held on 3<sup>rd</sup> and 4<sup>th</sup> March,2017 was organised by the Department of Physical Education, V.O.Chidambaram College, Thoothukudi.
  - 10. Presented a paper entitled "Impact of endurance training, concurrent training, detraining on cardio respiratory endurance of basketball players" in the International level conference on 'Bridging innovations in sports, education and nutrition" was held between 8<sup>th</sup> and 9<sup>th</sup> February, 2018 was organised by the Department of Physical Education, special education and food service, management and dietics of Avinashilingam Institute for Home science and Higher education for women, Coimbatore.
  - 11. Presented a paper entitled "Effect of yoga training on TSH level among women with PCOD" in two day national level conference on 'yoga for world peace" conducted by Sri Ramakrishna maruthi college of physical education, Coimbatore was held 26<sup>th</sup> and

27<sup>th</sup> February, 2018. The above title research article was published in in the seminar proceeding ISBN 978-81-923573-5-5.

- 12. Participated and presented a paper entitled "Influence of aerobic training on selected physiological parameters of women handball players" in the International Conference on Sports Vision and Mission for grooming athletes and para athletes for Olympic 2020" was organised by the Alagappa University College of Physical Education, karaikudi on 16<sup>th</sup> and 17<sup>th</sup> march 2018. The above title research article was published in in the seminar proceeding ISBN 978-93-5300-603-7.
- 13. Participated in the one day national level workshop on physical fitness and performance enhance through swiss ball training was organised by the Department of Physical Education, G.T.N.Arts College on 15<sup>th</sup> March 2019.

Year	Assigning Position
	Madurai Kamaraj University Cricket (Men) team coach to participate in the Interuniversity
	tournament.
	Madurai Kamaraj University Handball men team selection committee member to participate
	in the Interuniversity tournament.
2014-15	Madurai Kamaraj University Basketball men team selection committee member to
	participate in the Interuniversity tournament.
	Acted as convener to organise the Madurai Kamaraj University Inter collegiate Swimming
	Competition for men and women.
	Madurai Kamaraj University swimming men team selection committee member to
	participate in the Interuniversity tournament.
	As a track Judge in the Madurai Kamaraj University Inter collegiate Athletic meet.
	Madurai Kamaraj University Ballbadminton men and women team selection committee
	member to participate in the Interuniversity tournament.
	Madurai Kamaraj University Handball men team manager to participate in the
	Interuniversity tournament.
2015-16	Madurai Kamaraj University Basketball men team selection committee member to
	participate in the Interuniversity tournament.
	Acted as convener to organise the Madurai Kamaraj University Inter collegiate Boxing
	competition for men.
	Madurai Kamaraj University Boxing men team selection committee member to participate
	in the Interuniversity tournament.
	As a track Judge in the Madurai Kamaraj University Inter collegiate Athletic meet.
	As convener to organise the Madurai Kamaraj University Inter collegiate Ballbadminton for
	women.
	Madurai Kamaraj University Ballbadminton women team selection committee member to
	participate in the Interuniversity tournament.
2016-17	As convener to organise the Madurai Kamaraj University Inter collegiate Handball for Men.
	Madurai Kamaraj University Handball men team selection committee member to participate
	in the Interuniversity tournament.
	Madurai Kamaraj University Basketball men team selection committee member to
	participate in the Interuniversity tournament.
	As a track Judge in the Madurai Kamaraj University Inter collegiate Athletic meet.
	Acted as convener to organise the Madurai Kamaraj University Inter collegiate
	Ballbadminton tournament for Men and Women.
	Madurai Kamaraj University Ballbadminton men and women team selection committee
	member to participate in the Interuniversity tournament.
	Acted as convener to organise the Madurai Kamaraj University Inter collegiate Football
	tournament for women.
	Madurai Kamaraj University Football women team selection committee member to

	participate in the Interuniversity tournament.
2017-18	Acted as convener to organise the Madurai Kamaraj University Inter collegiate Basketball
	tournament for women.
	Madurai Kamaraj University Basketball women team selection committee member to
	participate in the Interuniversity tournament.
	Madurai Kamaraj University Basketball women team selection committee member to
	participate in the Interuniversity tournament.
	Madurai Kamaraj University Kho Kho women team selection committee member to
	participate in the Interuniversity tournament.
	Madurai Kamaraj University Kho Kho women team selection committee member to
	participate in the Interuniversity tournament.
	Acted as convener to organise the Madurai Kamaraj University Inter collegiate Boxing
	competition for men and women.
	Madurai Kamaraj University Boxing men and women team selection committee member to
	participate in the Interuniversity tournament.
	As a track Judge in the Madurai Kamaraj University Inter collegiate Athletic meet.
	As convener to organise the Madurai Kamaraj University Inter collegiate Swimming for
	men and women.
2018-19	Madurai Kamaraj University swimming men and women team selection committee member
	to participate in the Interuniversity tournament.
	Madurai Kamaraj University Ballbadminton women team selection committee member to
	participate in the Interuniversity tournament.
	Madurai Kamaraj University Tennis men team selection committee member to participate
	in the Interuniversity tournament.
	As convener to organise the Madurai Kamaraj University Inter collegiate Basketball for
	men.
	Madurai Kamaraj University Basketball men team selection committee member to
	participate in the Interuniversity tournament.
	As a track Judge in the Madurai Kamaraj University Inter collegiate Athletic meet.