



A. PRAKASH, B.Sc., M.P.Ed., M.Phil.,

Email ID

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Address for Communication

S/O P. Andi,
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Pudur,
Vilathikulam (TK)
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Pin-628 905.

Personal Data

Age : 32
Date of Birth : 23/10/1990
Sex : Male
Nationality : Indian
Mobile : 7339696850
9361443812
Experience : 6 years

Objective

To establish myself as a successful professional by executing my skills acquired from my academics as a **Best Sports coach** and **Fitness Trainer**.

Academic profile

- M.Phil., in the year 2014-2015 at Madurai Kamaraj University, Madurai. (**First class**)
- M.P.Ed., in the year 2012-2014 at Madurai Kamaraj University, Madurai. (**First class**)
- B.P.Ed., in the year 20011-2012 at Bharathiar University, Coimbatore. (**First class**)
- B.Sc., (Physical Education) in the year 2008-2011 at Ayya Nadar Janaki Ammal College, Sivakasi. (**First class with distinction, Gold Medal**)
- HSC & SSLC in the year 2005-2008 at S.B.K. Boys Higher Secondary School, Aruppukottai.

Computer proficiency

Working Knowledge in MS Office

Key Skills

Typing skill in English

Hobbies

Net browsing and Playing Sports & Games,

SPECIALIZATION

Handball, Basketball, Kabaddi, Kho-Kho & Athletics.

SPORTS ACHIEVEMENTS

- ❖ Winners in Madurai kamaraj university '**D**' **Zone Handball** match held at Sivakasi, (2009-10), and Runner in (2010-12)
- ❖ Winners in Madurai kamaraj university **Inter- Zone Handball** match held at Madurai, (2012-13),
- ❖ Winners in Bharathiar university **Inter-Collegiate Handball** match held at Coimbatore, (2010-11),
- ❖ Runner-up in **Tamil Nadu & Pondicherry State Inter-Physical Education Tournament** in Handball held at Annamalai university (2012)

SEMINAR AND WORKSHOPS

- ❖ Presented paper in national seminar on **Promotion of Yoga, Health Awareness and Physical Fitness- A Multi-Dimensional Approach** held at **Aditanar College of Arts and Science, Veerapandianpatnam, Tiruchendur-628 216.**
- ❖ Presented paper in national seminar on **Sound Body Sound Mind Fitness Through Yoga And Sports** held at **G.T.N. Arts College, Dindigul-624 005**
- ❖ Participate in national seminar on **Recent Trends In Sports Technology, Management and Allied Sciences** held at **Dept. of Physical Education in Arumugam Pillai Seethai Ammal College ,Thirupathur-630 211**

EXTRA CURRICULAR ACTIVITY

- ❖ Silambam
- ❖ Pyramids
- ❖ Lezium
- ❖ Aerobic dance

OFFICIATING QUALIFICATION

- State level handball
- State level Badminton

ORGANIZING EXPERIENCE

- South zone volleyball tournaments organized in 2011
- Bharathiar University Inter – Collegiate tournaments
- Bharathiar University, Department of Physical Education, Intramural Competitions
- Bharathiar University Inter – Collegiate Athletic Meet 2011- 2012.
- Madurai Kamaraj University Inter – Collegiate Athletic Meet 2012- 20113 &2014-2015.
- Intramural coordinator of Ayya Nadar Janaki Ammal college Sivakasi, from 2010-11

WORKING EXPERIENCE

- Two years of working experience in Sri Kaliswari college, Sivakasi
- One year of working experience in Sri Ambal Vidhyalaya school, Vilathikulam
- Three and half years of working experience in P.S.R Engineering College, Sivakasi.

Declaration

I hereby declare above said information are correct and best of my knowledge.

Yours Sincerely,

Place: Pudur

A.Praakash