

## **CURRICULAM VITAE**

### **N. YAHALAKSHMI**

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16, Ponnakaram Street, Aruppukottai -626101.  
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### **OBJECTIVE**

Making the mankind, From the childhood itself, Realize the necessity and importance of physical education, which is the basic thing for healthy and happy living.

### **ACADEMIC WORK EXPERIENCE**

| <b>Sl.No</b> | <b>Collage / School</b>                                     | <b>Role</b>                   | <b>From</b> | <b>To</b>  |
|--------------|---|-------------------------------|-------------|------------|
| 1            | VHNSN College, Virudhunagar                                 | Assistant Professor           | Sep 2021    | Till date  |
| 1            | B V M Global Senior secondary school, Perumbakkam, Chennai. | Physical Education Teacher    | Jun 2018    | Apr 2021   |
| 2            | St. John's Public School, Medavakkam, Chennai.              | Physical Education Teacher    | July 2016   | April 2018 |
| 3            | Koviloor Andavar College of Physical Education, Karaikudi.  | Lecturer – Physical Education | Jun 2009    | Dec 2009   |
| 4            | M.S.N.P.M Women's College, Poovanthi, Sivaganga district.   | Physical Directress           | Jun 2008    | May 2009   |

### **ACADAMIC PROJECTS**

- Imagery Uses of the Team Games (2006-2007).
- Effect of Aerobic Dance on Flexibility and Coordinative Abilities among School Girls (2007-2008)

### **PAPER PRESENTATION**

- A paper in the Fourth All India Conference of Scott Research Forum on "YOGA FOR STRESS"
- A paper in the National Seminar on innovative concepts of Inter - Disciplinary Approaches towards Physical Education on "SPORTS FOR YOGA"

### **ACHIEVEMENTS**

- District level kabaddi competition – Place I.
- State level kabaddi and basketball competition - winner
- Inter-collegiate kabaddi & kho-kho tournament – Place I.
- Inter-collegiate and district long jump, 100mts, 200mts, Relay-winner.

## STRENGTHS

- Good leadership and problem-solving ability,
- Working for results with dedication and determination,
- Planning and organizing the team of sports and games,

## EDUCATIONAL QUALIFICATION

| COURSE                       | INSTITUTION   | YEAR      | PERCENTAGE |
|------------------------------|---|-----------|------------|
| M.Phil. (Physical Education) | Dr. Sivanthi Aditanar College of Physical education, Tiruchendur. Tamilnadu Physical Education and Sports University, Chennai | 2007-2008 | 70%        |
| M.P.Ed (Physical Education)  | Dr. Sivanthi Aditanar College of Physical education, Tiruchendur, M.S. University, Tirunalveli                                | 2005-2007 | 73%        |
| B.P.Ed (Physical Education)  | Dr. Sivanthi Aditanar College of Physical education, Tiruchendur, M.S. University, Tirunalveli                                | 2004-2005 | 69.5%      |
| MBA (Finance)                | Annamalai University, Chidambaram   | 2007-2009 | 70%        |
| B. Com (Commerce)            | Devangar Arts College, Aruppukottai, M.K. University  | 2001-2004 | 62%        |

## ADDITIONAL QUALIFICATIONS

- P.G. Diploma in yoga (2005-2006) with 69%
- Typewriting both Tamil & English (Senior grade)
- State level Kabaddi Referee Examination

## PERSONAL PROFILE

Name : N.YAHALAKSHMI  
Date of Birth : 13-06-1984  
Gender : Female  
Marital Status : Married  
Languages Known : English (R & W), Tamil (R & W)  
Native Place : Aruppukottai, Virudhunagar District., Tamilnadu-626101

## DECLARATION

I hereby declare that all statements made in above resume are correct to my knowledge and belief. I also understand that my selection is bound by the rules and regulation of the school administration.

Date : 12.09.2022

Place: Aruppukottai.

( N.YAHALAKSHMI )